



MaybeBaby®

Easy Ovulation Tester

Fertility Cycle Chart

Preparing your tester

1. Ensure that you have not eaten or drunk anything for at least 3 hours before using the Maybe Baby Easy Ovulation Tester.
2. Clean the sample plate with the lint-free cloth provided (Fig. 1).
3. With a clean dry fingertip, place a drop of saliva onto the sample plate and spread a layer across the entire surface (Fig. 2). Gently glide any bubbles to the side of the sample plate onto the black area. Saliva from underneath your tongue should contain the least amount of bubbles.
4. Allow the saliva sample to air dry (around 10-15 minutes). Only dried saliva will produce patterns.
5. After the saliva sample has dried, reinsert the viewfinder into the housing cylinder (Fig. 3).



Viewing your results

1. Hold the Maybe Baby Easy Ovulation Tester up very close to your eye and press the light switch on the bottom (Fig. 4).
2. Rotate the viewfinder to focus the image until a clear pattern is seen.
3. Compare the image to the ones shown in the leaflet and record the results.



Recording your results

Beginning on the first day of menstruation, use the following codes to record your results:

- M:** Menstruation
P: Pebbles / dots (non-fertile period)
T: Pebbles and ferns (transitional period)
F: Full ferning / Ovulation (fertile period)



Pebbles



Transitional



Ferning

Please note: You don't have to wait for your first day of menstruation to begin using your Maybe Baby Easy Ovulation Tester, but it is a helpful starting point for charting your results.

Cleaning the sample plate

Clean the sample plate with the lint-free cloth provided, ready for your next sample. If the dried saliva is hard to remove, moisten the cloth only with a small drop of water.

Exclusively distributed by:

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Pharmaceuticals

For the best of health

Day	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Example
1							M
2							M
3							M
4							M
5							P
6							P
7							P
8							P
9							P
10							T
11							T
12							T
13							F
14							F
15							T
16							P
17							P
18							P
19							P
20							P
21							P
22							P
23							P
24							P
25							P
26							P
27							P
28							P
29							
30							
31							