# Vaginal Dryness

# Resta

#### What is Vaginal Dryness?

Vaginal dryness is a very common problem which is caused by a lack of natural moisture inside the vagina.

Itching, irritation and discomfort are also very common and tend to occur as a result of long term dryness.

### What causes vaginal dryness?

Vaginal dryness occurs during and after menopause but can also occur as a result of:









Disorders





Therapy



At times of Stress

Childbirth





Oral Contraceptives





Chemotherapy

Oestrogen helps keep the vagina moist and maintains the thickness of the vaginal lining. Vaginal dryness happens when the ovaries produce a decreased amount of oestrogen. This can occur at certain times in a woman's life, and may be permanent or temporary. Whenever oestrogen levels remain low (as they naturally do after menopause), the entire vaginal area tends to be dry both inside and out, which can lead to itching, irritation and discomfort.

Allergy and cold medications, as well as some antidepressants, can decrease the moisture in many parts of the body, including the vagina.

Signs & Symptoms of Vaginal Dryness/Atrophy	
Pain and discomfort during intercourse	V
Vaginal itching	V
Vaginal burning	V



FREECALL Australia 1800 788 870 www.acijel.com.au

For further information contact **Care Pharmaceuticals:** 

Always read the label, use only as directed. If symptoms persist see your health professional.

# Rest

### What is ACI-JEL® RESTORE

Aci-Jel® Restore is a water-based gel that is clinically proven to provide soothing, continuous moisture, giving relief from symptoms of vaginal dryness, atrophy, itching, irritation and discomfort.

Aci-Jel<sup>®</sup> Restore is a non-hormonal preparation and can be used in conjunction with systemic hormone replacement therapy (HRT).

Regular use of Aci-Jel<sup>®</sup> Restore , once every 3 days, can help maintain vaginal health and comfort by replenishing essential vaginal moisture before and after menopause.

Aci-Jel® Restore can be used with condoms and during breastfeeding.

- Long lasting formula providing relief for up to 3 days
- Hygienic single use applicators
- Easy to use applicators, with smooth, rounded edges



#### **Paraben free**

Hormone free and suitable to be used with breast cancer medications and hormone replacement therapy (HRT).



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