

Zaditen® Single Dose Units

ketotifen

23386700



You should ensure that you speak to your pharmacist or doctor to obtain the most up to date information on the medicine. You can also download the most up to date Consumer Medicine Information (CMI) leaflet from zaditen.com.au in Australia or from medsafe.govt.nz in New Zealand.

How to use Zaditen

Follow these steps to use the single dose units:

1. Wash your hands thoroughly with soap and water.
2. Open the blister pack of the single dose units.
3. Remove the strip of single dose units and tear off one single dose unit from the strip. Hold the single dose unit by the tab with the nozzle pointing downwards and tap gently until all the air bubbles are above the solution.
4. Twist the tab off the single dose unit.
5. Make sure the tip of the single dose unit does not touch anything as this may contaminate the solution.
6. Hold the single dose unit in one hand between the thumb and forefinger.
7. With your head tilted back, use the forefinger of the other hand to pull down the lower lid of the eye to be treated.
8. Place the single dose unit tip close to your eye but without touching your eye or eyelid, and squeeze unit gently so that one drop falls into the pouch between your lower lid and your eye, and then release your lower lid.
Only one drop is needed.
9. Close your eyes and gently press the inner corner of your eye with your forefinger for one minute.
10. Treat your other eye in the same way if it is also affected.
11. Discard each single dose unit immediately after use. Keep the remaining single dose units at room temperature (below 25°C), preferably in the carton.

If you are using any other eye drops at the same time as Zaditen leave an interval of at least 5 minutes between each drop to stop the drops from being washed out of the eye.

Warnings

- If you wear soft contact lenses, remove them before using Zaditen drops. Wait for 15 minutes after using the drops before reinserting your contact lenses.
- Do not use in children under 3 years of age.
- See your doctor or pharmacist before use if you are pregnant or likely to become pregnant.

How much to use

The usual dose of Zaditen Eye Drops is one drop in the affected eye(s) twice a day.

Things to be careful of

Be careful driving or operating machinery until you know how Zaditen affects you. This medicine may cause blurred vision or tiredness in some people. If you have either of these symptoms, do not drive, operate machinery or do anything else that could be dangerous. Children should be careful when riding bicycles or climbing trees.

Sponsor

In Australia this product is supplied by:

Care Pharmaceuticals Pty Ltd,
Bondi Junction NSW 2022
Australia
FREECALL Australia 1800 788 870

In New Zealand this product is distributed by:

Healthcare Logistics
Auckland, New Zealand
FREECALL New Zealand 0800 226 598

Date of preparation

This leaflet was prepared in
April 2022

® = Registered trademark
Single Dose Units: AUST R 113770